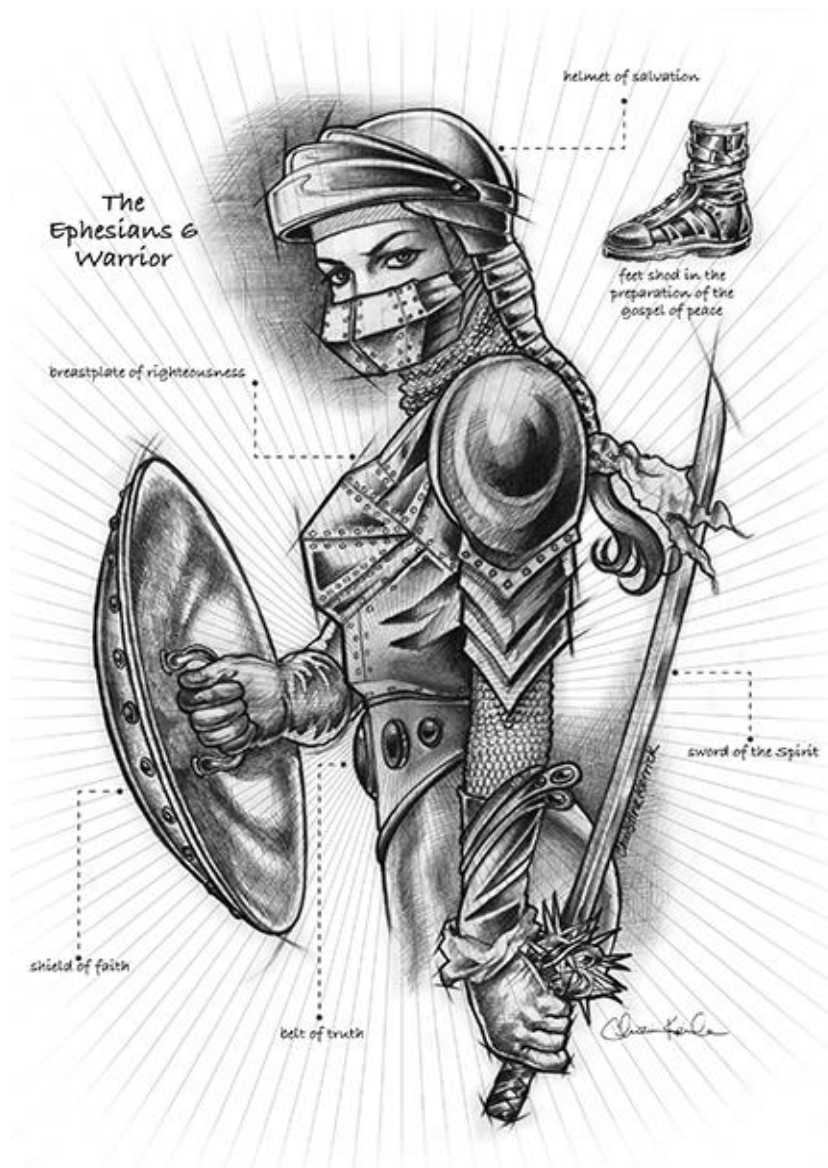




HOW TO RETAIN YOUR DELIVERANCE



Numa Ministries
Doug Rontondi & Paige Coffey
1086 River Hwy, Suite E
Mooresville, NC 28117
Phone: 617-529-2768
www.numaministry.org

THE LORD IS WITH YOU LIKE A MIGHTY WARRIOR



For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of darkness of this world, against spiritual wickedness in high places.

Ephesians 6:12

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NOW THAT YOU HAVE RECEIVED DELIVERANCE

Thank God you have received deliverance! Continue to thank God! Even if you are not sure yet of all that has happened, you can express your faith by thanking Him. This is the first step to help you keep your deliverance. You can be sure, however, that Satan will not give up on you. He will do everything in his power to reassert his control over you. You must be prepared for his counterattacks. I (Derek Prince) have referred several times to the warning of Jesus that a demon that has gone out of a man will seek to return.

You must make completely sure, therefore, that Jesus is dwelling in you and that He is absolute Lord of your life. We have seen that human personality is like a city, and that demonic invasion can have the effect of breaking down the walls inside us that should protect us. Once our enemy has been driven out, we must begin immediately to rebuild our protective walls.

For He shall give His angels charge over you, to keep you in all your ways...
(Ps 91:11)

God's Mission Has an Enemy

The Bible speaks about the reality of a conflict we face as believers, and we call that conflict "spiritual warfare." C. S. Lewis warned that believers usually fall into one of two camps when dealing with the demonic: we either deny their existence, or we get fascinated with them. Either way, we too often miss the Bible's basic teachings about this conflict.

Satan and his forces are real

The Bible reveals them as real, supernatural beings who oppose God and his people. Our attempts to explain away these forces do not negate their reality.

Satan, however, is not our biggest problem

We face three enemies: the world, our flesh, and the devil (Eph. 2:1–3). In some cases, the three are so interwoven that it's difficult to tell them apart. Our primary problem is not Satan, though. *We* are our biggest issue.

God reigns, even over the enemy

There is strife between human beings and the serpent because God put that conflict there (Gen. 3:15). That strife would lead to the cross, where the death of Jesus disarm the principalities and powers of the enemy (Col. 2:15). Now, God sovereignly uses the spiritual battles to make us the followers he wants us to be.

The enemy we face is a defeated foe

Satan has been bound through God's judgment and through the cross; is being bound through the preaching of the gospel; and will be bound for eternity. We do genuinely wrestle against principalities and powers (Eph. 6:12), but the devil and his forces have never been outside of God's control.

Warfare is the devil's attempt to deceive and divide believers

Since the Fall in the Garden of Eden, the devil has tried to bait us with false teaching, lure us into sin, and turn us against each other. He does this to keep us from glorifying God and doing the Great Commission. He seeks to devour us (1 Pet. 5:8) so we can no longer be a light to a lost world. The summary I commonly use is that the enemy wants us to *mess up* (fall into sin), *give up* (get discouraged), *get puffed up* (live in arrogance), *split up* (divide), or *shut up* (quit evangelizing).

Satan battles against us because we are God's witnesses to the world

When the apostle Paul described lostness, he often framed it in terms of spiritual warfare. Non-believers follow the prince of the air (Eph. 2:2). They are blinded by the god of this world (2 Cor. 4:3–4), bound in darkness (Col. 1:13; Acts 26:18), and caught in Satan's snare (2 Tim. 2:25–26). His goal is to keep us from proclaiming and living out the gospel that sets people free.

The offensive nature of this battle demands evangelism and discipleship

Evangelism requires intentionally taking the light into the darkness. Discipleship then requires teaching others to understand their position in Christ and to put on the full armor of God. If we don't evangelize, non-believers remain in Satan's kingdom. If we don't disciple, we send believers into the war unarmed. Both can result in tragedy.

One of Satan's subtle strategies is to entice us to operate in our own ability

David the shepherd boy took on the giant in faith and dependence, knowing that the battle was not his in the first place but rather the Lord's (1 Sam. 17:47). When he became the king, though, David sought to know just how mighty his own forces were as he leaned more on himself than on God (1 Chron. 21:1–5). The enemy delights when we go there—when we're much more like David the king than David the shepherd boy.

The Bible reminds us to be alert and sober minded (1 Peter 5: 8-9), lest Satan should get an advantage of us; for we are not ignorant of his devices. (2 Corinthians 2:11).



Chuck Lawless, Vice President of graduate studies at Southeastern Seminary | www.chucklawless.com

FOR WE WRESTLE NOT AGAINST FLESH AND BLOOD...



THE SWORD OF THE SPIRIT

¹⁰ Finally, my brethren, be strong in the Lord, and in the power of his might.
¹¹ Put on the whole armor of God that ye may be able to stand against the wiles of the devil. ¹² For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. ¹³ Wherefore take unto you the whole armor of God that ye may be able to withstand in the evil day, and having done all, to stand. ¹⁴ Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness; ¹⁵ And your feet shod with the preparation of the gospel of peace; ¹⁶ Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. ¹⁷ And take the helmet of salvation, and the sword of the Spirit, which is the word of God.
(Ephesians 6:10-18).

THE INVISIBLE BATTLE FOR OUR SOUL

“Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings.” (1 Peter 5:8-9)

The Bible reminds us that the weapons of our warfare are not carnal but mighty through God to the pulling down of strong holds (2 Corinthians 10:4).

When we speak of deliverance, the greatest deliverance that can happen in the life of anyone is deliverance from sin. As Christians, we are to wage war against sin in ourselves (Romans 6) and oppose the schemes of the devil (Ephesians 6:10).

When engaging in spiritual battles, we are to rely on God’s power, not our own and the Word of God, and not our own opinions and feelings.

Our confidence rests in the fact that we are declared righteous because of Christ’s sacrifice for us and the assurance we have of our salvation.

Therefore, as you read this instruction guide on how to retain your deliverance, make up your mind that you will obtain your complete deliverance from the devil, from the flesh and from the world, and that you will take back your possessions from the enemy’s camp, and begin to live the abundant life that Christ has purchased for you, by His precious Blood on the cross at Calvary.

Galatians 5:1 says; it is for freedom that Christ has set us free. Stand firm against the enemy (Ephesians 6:13-14), resist the devils work (James 4:7) and do not let yourselves be burdened again by a yoke of slavery.

Truly He is my rock and my salvation; He is my fortress, I will never be shaken (Psalm 62:2)

Prayer of Salvation

If you have not accepted Jesus Christ into your life and would like to do so, please read this salvation prayer. Before your life can truly change it is important that you freely accept him as your Lord and Savior. Romans 10:9 says; *if you confess with your mouth, Jesus is Lord, and believe in your heart that God raised Him from the dead, you shall be saved.*

Prayer

Dear Jesus, I come to you today asking for forgiveness of my sins. I confess with my mouth and believe with my heart that Jesus is your son, and that he died on the cross and rose from the dead that I might be forgiven and have Eternal life. I ask that you come in to my life and be my personal Lord and Savior. I repent of my sins and turn away from my old way of life. I confess now that I am Born Again and cleansed by the Blood of Jesus Christ. In Jesus Name Amen.

Prayer of Rededication - Returning to Christ

Whatever your circumstances, remember our God is a forgiving God. He longs for us to be in right relationship and in right standing with Him and will meet us wherever we are no matter what. Romans 3:23 says: for all have sinned and fall short of the glory of God. Please take this into consideration as you read this prayer. When you accepted Jesus into your heart, you have the redemptive blood covering your sins. When you read this prayer, make the commitment to change and work at living your life to follow the example of Jesus.

Prayer

Lord Jesus I come to you now in a state of repentance. I know that I have not been living my life in the way that I should as a Christian. Lord, give me the strength to overcome the ways of this world and to turn to You in all situations. Help me to know and serve You in a greater way. I choose to re-commit to living my life as a follower of Jesus and to turn away from my old ways and I ask that the Holy Spirit will grant me the strength to overcome the temptations in my day to day life. I thank you for saving me and I offer myself now to You as a living sacrifice in Your precious name Amen.

Daily Prayer and Declaration

Dear heavenly Father, I praise You and honor You as my Lord. You are in control of all things. I thank You that You are always with me and will never leave me nor forsake me. You are the only all-powerful and only wise God. You are kind and loving in all Your ways. I love You and thank You that I am united with Christ and spiritually alive in Him. I choose not to love the world or the things in the world, and I crucify my flesh and all its passions.

Thank You for the life I now have in Christ. I ask You to fill me with the Holy Spirit so I may say no to sin and yes to You. I declare my total dependence upon You and I take my stand against Satan and all his lying ways. I choose to believe the truth of God's Word despite what my feelings may say. I refuse to be discouraged; You are the God of all hope. Nothing is too difficult for You. I am confident that You will supply all that I need as I seek to live according to Your Word. I thank You that I can be content and live a responsible life through Christ who strengthens me.

I now take my stand against Satan and command him and all his evil spirits to depart, for the blood of Jesus covers me, my family and my home and I choose to put on the full armor of God so I may be able to stand firm against all the devils schemes. I submit my body as a living and holy sacrifice to God, and I choose to renew my mind by the living Word of God. By so doing I will be able to prove that the will of God is good, acceptable, and perfect for me. In the name of Jesus Christ. Amen.



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How to Keep your Deliverance

Is it possible to lose a deliverance that you have just received from the Lord?

I remember a young lady and her father walked up to me during a service and say, Pastor Michael, we came for your service last year and my daughter received a powerful deliverance. She was well all along but now the past few weeks she has been attacked again.

Understand, it's not enough to just receive your deliverance, you have also got to maintain what you have attained.

The Bible clearly tells us that the devils main mission is to steal, kill and destroy. (John 10:10). We must make every effort to learn how to maintain the deliverance that we have received so that the enemy cannot steal it from us now or in the future.

1. Don't go back to your old life

When you have received your deliverance you must make every effort to stay away from your old way of life, old way of living. You cannot claim to be a kingdom person and at the same time flirt with the devil – it's very dangerous.

The Lord Jesus once delivered a man from a very terrible condition. He then warned him saying, See, you are well! Stop sinning or something worse may happen to you! (John 5:14) When a person who has been delivered turns back to his old way of life, those demonic powers that he or she had been delivered from come back again. This is one of the main reasons we see so many people attending church delivered one week and return with the same issues again.

2. Be Filled with the Word and the Spirit

The Lord Jesus also further revealed to us certain truths about what happens after deliverance:

When an unclean spirit goes out of a man, he goes through dry places, seeking rest, and finds none. Then, that unclean spirit says, I will return to my house from which I came. And when he comes, he finds it empty and swept, put in order. Then he goes and takes with him seven (7) other spirits more wicked than himself, and they enter and dwell there; and the last state of that man is worse than the first. (Matthew 12:43-45)

The Lord Jesus, revealed something very powerful. Whenever a person receives deliverance from an unclean spirit, the spirit comes back to try and regain access to that person. Demons need a body through which to operate and hence they will do all they can to regain access from the body they were cast out.

If the person is not filled with the Word and the Spirit of God, the evil spirit then comes back with seven (7) more powerful spirits than himself and repossess the man.

Now the condition of this person becomes worse than before. This now gives occasion for the enemies of the gospel to criticize the work of God.

Jesus said, if you continue in My Word, you are my disciples indeed and then you shall know the truth and the truth shall make you free. (John 8:31-32). It is very important that a person who has received deliverance spend time reading and meditation on the Word of God.

Don't be drunk with wine, because that will ruin your life. Instead, be filled with the Holy Spirit. (Ephesians 5:18).

Scripture tells us that we need to be constantly filled with the Spirit to maintain our deliverance. In Matthew 12:43-45, the person's life was empty and this is why the evil spirit took over the man again. Had the man took care to be filled with the Spirit, he would not have suffered again.

This is why a person who has received deliverance must also continue to attend spirit filled services. At such services, the Word and the Spirit ministers to further strengthen you.

Finally, keep worship music playing in your home, your car, etc. This will cause you to literally live in an atmosphere of freedom. Scripture says – Where the Spirit of the Lord is there is freedom. (2 Corinthians 3:17).

Prayer

Lord Jesus, give me grace to continue in Your Word and be enriched by Your Word daily. I ask You Lord to fill me with Your Holy Spirit until my cup overflows. I want to live in the overflow of Your Holy Spirit.



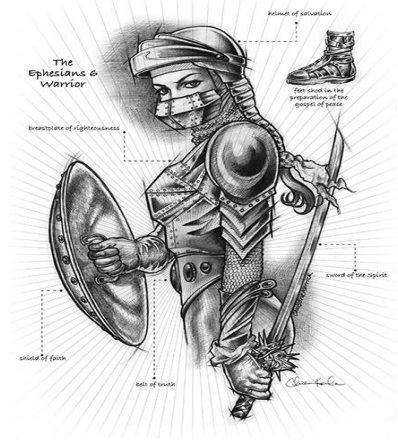
Pastor Michael Fernandes, Karuna Sadan Trust Ministries

Seven Steps to Retaining Your Deliverance

1. PUT ON THE WHOLE ARMOR OF GOD

Ephesians 6:10-18 there are six pieces of armor:

- A. Loins girt about with the belt of truth.
- B. The breastplate of righteousness.
- C. Feet shod with the preparation of the gospel of peace.
- D. The shield of faith.
- E. The helmet of salvation.
- F. The sword of the Spirit, which is the Word of God.



Pay special attention to the “Helmet of Salvation” protect your thought life. Most demons seeking to re-enter assail the thoughts. Be watchful of any thoughts that could be considered negative; or thoughts of temptation that would draw you back to the things, attitudes or lifestyle you were delivered from, they are from the enemy.

Separate these thoughts from your own. Refuse these thoughts from the enemy and replace them with positive spiritual thoughts.

In James 4:7, 8 *“Therefore submit to God. Resist the devil and he will flee from you. Draw near to God and He will draw near to you. Cleanse your hands, you sinners; and purify your hearts, you double-minded.”*

Meditate on these things

So much of the walk of the Christian comes down to the *mind*. Romans 12:2 speaks of the essential place of being *transformed by the renewing of your mind* and 2 Corinthians 10:5 speaks of the importance of *casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ*.

What we choose to meditate on matters

In Philippians 4:8 *“Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.”*

2. CONFESS POSITIVELY

Negative confessions characterize demonic influence. POSITIVE confession is FAITH EXPRESSED. Confess what God’s Word says. Any other confession will open the door for the enemy. Mark 11:23 (...**whosoever shall say...**). **Saying** - not thinking is the key.

3. STAYING IN THE SCRIPTURE

Jesus withstood Satan's temptation by using scripture. The word is the mirror to the soul (James 1:22-25) it is the lamp under the feet for guidance (Psalm 119:105); it is a cleansing agent (Ephesians 5; 25, 26); it is a two edged sword, laying bare the heart (Hebrews 4:12); it is food for the spirit (1Peter 2:2; Matthew 4:4). NO PERSON CAN LONG MAINTAIN DELIVERANCE APART FROM THE WORD OF GOD AS A PRIMARY FACTOR IN HIS LIFE. (Psalm 1:1-3).

4. CRUCIFY THE FLESH

Take up your cross daily and follow Jesus. (Luke 9:23). Break old habit patterns set up in league with evil spirits. If fleshly appetites, desires and lusts are not brought to the cross, a way for demons to return will be left open. (Galatians 5: 19 – 21, 24).

5. DEVELOP A LIFE OF CONTINUOUS PRAISE AND PRAYER

Praise silences the enemy. Praise is not an attitude of heart; praise is the expression unto God of thanksgiving, adoration and joy by speaking, singing, shouting, dancing, leaping, playing musical instruments, clapping the hands, etc. Pray in the Spirit (in tongues) and also in the understanding (1 Corinthians 14:14). "Pray without ceasing" (1 Thessalonians 5:17).

6. MAINTAIN A LIFE OF FELLOWSHIP AND SPIRITUAL MINISTRY

It is the sheep that wanders from the flock that is most endangered. Find and fulfill your function within the body of Christ. (1 Corinthians 12: 7-14). Keep yourself accountable.

7. COMMIT YOURSELF TOTALLY TO CHRIST

Determine that every thought, word and action will reflect the very nature of Christ. Abide in Christ that the fruit of the Spirit might come forth in abundance. Demon spirits are enemies of the fruit of the Spirit. Faith and trust in God is the greatest weapon against the devils lies. (Ephesians 6:16).

Remember that doing these seven steps will ensure that "your house" (life) is filled after having been cleansed. No demon will be able to return, much less bring others in with him. If a spirit should trick you and regain entrance, see that he is cast out as soon as possible, either by yourself or with the help of other believers. If other areas of demon activity in your life are subsequently brought to light, seek deliverance. Jesus has made possible complete deliverance. Walk in daily deliverance. Do not settle for anything less (Romans 5:10).

SELF DELIVERANCE

Self - Deliverance

Is a process that requires persistence. Persistence is one of the most powerful Kingdom principles in the faith. Two parables Jesus speaks describing persistence. One is the “Parable of the Persistent Widow” (Luke 18:1-8) and the other is the “Parable of the Friend in Need” or “Friend at Midnight” (Luke 11:5-8). Notice, Jesus tells the parable of the friend at midnight right after the disciples ask Him how to pray.

He prays the Lord’s Prayer, and then He immediately goes into this parable. It is directly relative to how we are to pray. In the Parable of the Persistent Widow, Jesus describes a woman who KEPT ASKING FOR DELIVERANCE FROM HER ADVERSARY UNTIL SHE RECEIVED IT! Read it. You may have never noticed that before. It’s good stuff! Secondly, Jesus describes in the Parable of the Friend at Midnight, a man who KEPT KNOCKING UNTIL HE WAS GIVEN THE BREAD he was desiring! Matthew 15:26 Jesus refers to deliverance as the Children of Gods Bread!

Persistence breeds breakthrough

Praying regularly using self - deliverance can be an extremely powerful tool of freedom. It is important to know that with any area of deliverance, when you command things to leave you that have been hidden, you may begin to feel a bit worse in the beginning as you stir things up, but understand this is a good thing, because the Holy Spirit is exposing those things that have been hidden for so long subtly robbing you of abundant life that Jesus purchased for you.

Commanding and Praise is very important But too often, people do not do both. They only do one or the other. They only ask God, never utilizing the tools He has given them (Authority, Power, Sword, Shield) or they only command and forget to ask. (You have not because you ask not). It is vitally important to do both.

Self – Deliverance Prayers

Speak Prayers Aloud, Rather than Reading Silently

Asking:

God, You gave Your Son Jesus to pay all of the penalties of my sin and the sins of my ancestors. Jesus has redeemed me from the curse of the Law of Sin and Death. Therefore, no demon has any legal right to me at all by any means in the name of my Lord Jesus Christ. In accordance with the New Covenant that governs my life, I ask You now to release me from captivity in every area where the enemy has been given place in my life whether through my life or my ancestors lives. I know it is Your will to heal and deliver me TODAY. Thank You for Your gift to me, paid in full by the Blood of Your Son Jesus Christ.

You can add to this with whatever scriptures the Lord gives or whatever way the Holy Spirit leads. I truly believe in reminding God of His promises. It's not that He needs a reminder, but rather it shows Him you believe in His Word. Faith unlocks the miraculous.

"I tell you, now is the time of God's favor, now is the day of salvation" (2 Cor 6:2)
"Call on Me in the day of trouble; I will deliver you". (Psalm 50:15)

Commanding:

Now in the name of Jesus Christ I command every demon that is attached to my life to hear my words right now in the name of the Lord Jesus Christ. I command every demon that has split, divided or multiplied to come together as one. I command every ruler demon, every demon prince, every chief demon, and all those under their authority are bound together in the name of Jesus. Now I command the ruler demon at the top of the chain of command over every prince demon and every kingdom of darkness attached to my life, you with all those under your authority are hereby ordered in the name of the Lord Jesus Christ to loose me now entirely and leave me now in the name of Jesus.

I command you to come out of my head, my heart, my belly, my soul, my body, my blood, every cell within me, my reproductive organs I plead the blood of Jesus over my children, my siblings, and every living relative and I cover them with the blood of Jesus Christ. For it is the blood that makes atonement for the soul. (Leviticus 17:11).

Physical Signs You May Experience

Pay attention to physical tightness, nausea, tingling, headache, increased heart rate, dizziness or other unusual physical signs, these could be signs of a manifestation. Once these manifestations arise, you can actually call the demon out by the manifestation, (The demon in my head, chest, lungs, etc) I know you're there, because the Holy Spirit has revealed you - continue to original commands.

The continual commands steadily break down the fortress of the enemy and all his resistance. This is where persistence is key. Also, this is a great starting point, but after many commands if nothing is happening, you can begin to command the demons to surface or to leave by calling their identity by "function" (ie: demon spirit of lust, diabetes, cancer and other diseases), loose me now in the name of Jesus! This can actually get the process going to where now you may be able to go back to the ruler, prince, and chief commands because you want to make sure all of them go, not just specific ones. Once they are exposed, they can no longer hide.

It's just a matter of trigger words or exposing truths that will get the rest surfaced. Having the right things to say is very important in this ministry. The only way to tell you are free is by the fruit, what your life manifests. If you are not free in EVERY area, there is an issue that needs to be addressed. Jesus says a good tree cannot produce bad fruit. If there is any bad fruit, there is a sickness in the tree.



Canceling Legal Rights

As you pray this prayer you will be canceling the LEGAL rights that the enemy has against you, and all the satanic agreements that you've made whether consciously or unconsciously. When you sense demonic activity in your life, refer back to this prayer.

Renounce all Legal Rights

1. I renounce all agreements that I have made with Satan and his demons, in the name of Jesus.
2. I renounce and reject any satanic offerings that I have ever made, in the name of Jesus.
3. I renounce lust, perversion, pornography, immorality, and every unclean spirit that I have made a pact with in the name of Jesus.
4. I renounce and rebuke all witchcraft, occult practices, divination, and sorcery that I have ever made in Jesus name.
5. I break all ungodly soul ties in any relationship in my life in the name of Jesus.
6. I renounce and uproot out of my heart hatred, anger, resentment, lack of forgiveness, bitterness and envy. Release me now in Jesus name.
7. I renounce and uproot from my life every addiction, every demonic pharmakeia spirit that has me bound (this pertains to the abuse of prescription drugs or illegal drugs such as marijuana, heroin, cocaine, meth and others). Name the drug that has you bound and break it in the name of Jesus. I destroy these attacks in the name of Jesus.
8. I renounce from my life today jealousy, pride, egotism and self-righteousness. Come out of me now, in the name of Jesus.

9. I renounce fear, doubt and unbelief and every tormenting spirit. Come out of me now, in the name of Jesus.
10. I renounce all ungodly generational covenants that my family members on my father's side, my mother's side and my ancestors going back in my generation to the beginning of the book of Genesis. Let them be broken in Jesus' name.
11. I renounce any allegiances to the kingdom of darkness and Satan in Jesus name.
12. I renounce and uproot every demonic word that I have spoken and given the devil legal rights over my life. Be broken, in Jesus name.
13. I renounce any spirit husband or spirit wife or any demonic spiritual divorce papers that have come into my life in my dreams. Destroy them all in Jesus name.
14. I uproot out of my life all sickness, depression, and oppression trying to operate in my life. Be destroyed, in the name of Jesus.
15. I curse at the root, every false word of prophecy spoken over my life, my family, my marriage, my children, and my ministry and business in Jesus name.
16. I destroy all demonic activity and every demonic thought that has been opened in my life. I shut them down in the name of Jesus Christ.
17. I break off of me, in Jesus name, any residue of any demonic kind.
18. I break off any backlash, any retaliation, and transfer of spirits that is trying to come against myself, my family, my loved ones, and my finances, in the name of Jesus.

Breaking Generational Curses

I break all generational curses of pride, rebellion, lust, poverty, witchcraft, idolatry, death, destruction, failure, sickness, infirmity, fear, schizophrenia, and rejection in the name of Jesus.

I command all generational and hereditary spirits operating in my life through curses to be bound and cast out in the name of Jesus.

I command all spirits of lust, perversion, adultery, fornication, uncleanness, and immorality to come out of my sexual character in the name of Jesus.

I command all spirits of hurt, rejection, fear, anger, wrath, sadness, depression, discouragement, grief, bitterness, and unforgiveness to come out of my emotions in the name of Jesus.

I command all spirits of confusion, forgetfulness, mind control, mental illness, doublemindedness, fantasy, pain, pride, and memory recall to come out of my mind in the name of Jesus.

I break all curses of schizophrenia and command all spirits of doublemindedness, rejection, rebellion, and root of bitterness to come out in the name of Jesus.

I command all spirits of guilt, shame, and condemnation to come out of my conscience in the name of Jesus.

I command all spirits of pride, stubbornness, disobedience, rebellion, self-will, selfishness, and arrogance to come out of my will in the name of Jesus.

I command all spirits of addiction to come out of my appetite in the name of Jesus.

I command all spirits of witchcraft, sorcery, divination, and occult to come out in the name of Jesus.

I command all spirits operating in my head, eyes, mouth, tongue, and throat to come out in the name of Jesus.

I command all spirits operating in my chest and lungs to come out in the name of Jesus.

I command all spirits operating in my back and spine to come out in the name of Jesus.

I command all spirits operating in my stomach, navel, and abdomen to come out in the name of Jesus.

I command all spirits operating in my heart, spleen, kidneys, liver, and pancreas to come out in the name of Jesus.

I command all spirits operating in my sexual organs to come out in the name of Jesus.

I command all spirits operating in my hands, arms, legs, and feet to come out in the name of Jesus.

I command all demons operating in my skeletal system, including my bones, joints, knees, and elbows, to come out in the name of Jesus.

I command all spirits operating in my glands and endocrine system to come out in the name of Jesus.

I command all spirits operating in my blood and circulatory systems to come out in the name of Jesus.

I command all spirits operating in my muscles and muscular system to come out in the name of Jesus.

I command all religious spirits of doubt, unbelief, error, heresy, and tradition that came in through religion to come out in the name of Jesus.

I command all spirits from my past that are hindering my present and future to come out in the name of Jesus.

I command all ancestral spirits that entered through my ancestors to come out in the name of Jesus.

I command all hidden spirits hiding in any part of my life to come out in the name of Jesus.

Releasing the Power of the Blood

I cover my mind and thoughts with the blood of Jesus.

I cover my doorpost and possessions with the blood of Jesus (Exod. 12:13).

I overcome the devil through the blood of Jesus (Rev. 12:11).

I sprinkle the blood of Jesus and receive multiplied grace and peace (1 Pet. 1:2).

I am made perfect through the blood of the everlasting covenant (Heb. 13:20–21).

I have boldness to enter into the presence of God through the blood (Heb. 10:19).

My conscience is purged from dead works to serve the living God through the blood of Jesus (Heb. 9:14).

I have redemption through the blood of Jesus, and I am redeemed from the power of evil (Eph. 1:7).

I rebuke all spirits of torment and fear because I have peace through the blood of Jesus (Col. 1:20).

I receive the benefits of the new covenant through the blood of Jesus (Matt. 26:28). I receive healing and health through the blood of Jesus.

I receive abundance and prosperity through the blood of Jesus.

I receive deliverance through the blood of Jesus.

I receive the fullness of the Holy Spirit and the anointing through the blood of Jesus.

The blood of Jesus bears witness to my deliverance and salvation (1 John 5:8).

The blood of Jesus cleanses me from all sin (1 John 1:7).

Jesus resisted unto blood, and His blood gives me victory (Heb. 12:4).

I rebuke and cast out all spirits of guilt, shame, and condemnation through the blood of Jesus.

I break the power of sin and iniquity in my life through the blood of Jesus (Heb. 10:17).

My heart is sprinkled and purified by the blood of Jesus from an evil conscience (Heb. 10:22).

I rebuke Satan, the accuser of the brethren, through the blood of Jesus (Rev. 12:10).

I command all my accusers to depart through the blood of Jesus (John 8:10).

I rebuke and cast out all spirits of slander and accusation through the blood of Jesus (Matt. 12:10).

I release the voice of the blood against demons and evil spirits that would accuse and condemn me (Heb. 12:24)

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Prayer for Protection

Heavenly Father, I come before you in the Name of Your Son Jesus Christ my Lord and Savior. I place into your hands my life, my family, my household and belongings. I pray for a cover of protection through the blood of Jesus, around me and my family. Cover each of us (mention the names of your family members) with the blood of Jesus and protect us from all diseases, accidents, infirmity, infection, pain, inflammation, malignancies, allergies, viruses, all sickness and diseases, sudden deaths, and from all forces of evil. Let the precious blood of Jesus cover my house, my properties, my business, my job, my finances, my vehicles and my journeys. Send Your Angels to guard and to protect us. Surround us with Your presence at all times. I surrender to you all my activities of today, the places I go, and the people I meet. Protect me from all sin and evil. You promised in Your Word, no weapon formed against me shall prosper and every tongue that arises against me in judgment I will condemn. This is my heritage as a servant of the Lord and my righteousness is from You.

If there are those who have been speaking or praying against me, or seeking to harm me, or who have rejected me, I forgive them (name people if you know them) and I bless them in Your name. I submit myself afresh to You today in unreserved obedience. I resist the devil: all his pressures, his attacks, his deceptions, and every instrument or agent he would seek to use against me in Jesus name.

Bedtime Prayer

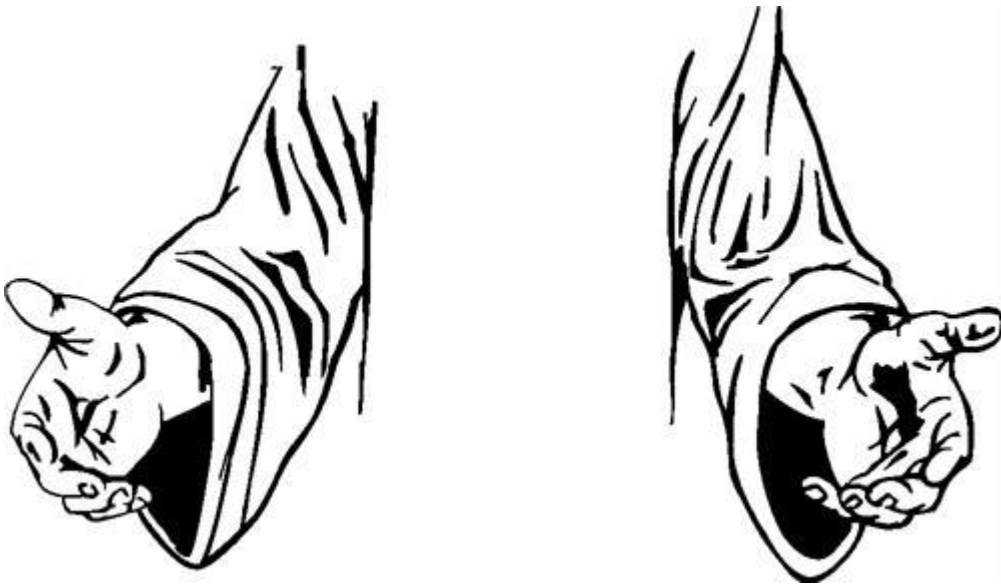
Dear Heavenly Father, I thank You for the peace You give us when we sleep. Lord, I am mindful of negative forces that want to attack at bedtime. So, as we sleep, I pray that You will protect my family and I with the blood of Jesus.

Satan, I take authority over you and your minions in the name of Jesus! Every headstrong spirit, or force that tries to stand against God's word, I bring under subjection. The Lord has promised, that when I lie down, I will not be afraid; when I lie down, my sleep will be sweet (Prov. 3:24). In obedience to Christ, you and your agents are under the authority of His Word and the Power in His name. And because I bear the mark of Christ, I decree and declare that nothing shall trouble my nighttime. I also declare that as I go to sleep, I will wake to the morning light, fully rested and with a joyful heart, in Jesus name.

Walking in Victory Prayer

Father, you have brought me out of darkness into Your marvelous light. You have given me life more abundantly. You came to set the captives free, and therefore, I declare and decree that every chain in my life is broken.

I am free from the lies of the enemy. The kingdom of darkness has no power over me. Satan, though you plot evil against me, you will not succeed for Jesus has triumphed over you at the cross. I am walking in victory from today onwards. In Jesus name, I pray, Amen.



So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. (Isaiah 41:10)

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His Promises

Psalms 91

1. He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.
2. I will say of the Lord, He is my refuge and my fortress: my God; in him will I trust.
3. Surely he shall deliver thee from the snare of the fowler, and from the noisome pestilence.
4. He shall cover thee with his feathers, and under his wings shalt thou trust: his truth shall be thy shield and buckler.
5. Thou shalt not be afraid for the terror by night; nor for the arrow that flieth by day;
6. Nor for the pestilence that walketh in darkness; nor for the destruction that wasteth at noonday.
7. A thousand shall fall at thy side, and ten thousand at thy right hand; but it shall not come nigh thee.
8. Only with thine eyes shalt thou behold and see the reward of the wicked.
9. Because thou hast made the Lord, which is my refuge, even the most High, thy habitation;
10. There shall no evil befall thee, neither shall any plague come nigh thy dwelling
11. For he shall give his angels charge over thee, to keep thee in all thy ways.
12. They shall bear thee up in their hands, lest thou dash thy foot against a stone.
13. Thou shalt tread upon the lion and adder; the young lion and the dragon shalt thou trample under feet.
14. Because he hath set his love upon me, therefore will I deliver him: I will set him on high, because he hath known my name.
15. He shall call upon me, and I will answer him: I will be with him in trouble; I will deliver him, and honor him.
16. With long life will I satisfy him, and show him my salvation.

The wonderful promises of this chapter are dependent upon meeting the conditions stated in these first two verses (see Ex 15:26).

Our Prayer for You

For the word of God is quick, and powerful, and sharper than any two-edged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and is a discerner of the thoughts and intents of the heart. Hebrews 4:12

MAY the GOD of HOPE, COMFORT, GRACE, MERCY, and LOVE help you forgive others and release them to Him. May He bless you with grace and peace, power and protection, health, and healing, holiness and godliness. May He sustain you as you cast all your cares upon Him. May He fulfill the plans He has for you--plans to prosper you and not to harm you, plans to give you hope and a future.

May GOD's perfect love cast out all fear and strengthen and encourage you with the spirit of power, love, and a sound mind. May GOD bless you with the gifts and the fruit of His Spirit (love, joy, peace, faithfulness, gentleness, goodness, patience, kindness, and self-control).

May no evil befall you, nor any plague come near your dwelling. May GOD encamp His angels around you and give His angels charge over you, to keep you in all your ways.

May GOD establish you and guard you from the evil one, and may He deliver you from every evil work and preserve you for His heavenly kingdom.

May no weapon formed against you prosper.

May you be an overcomer and more than a conqueror through Him who loved you.

May the GOD of hope fill you with all joy and peace as you trust in Him so that you may overflow with hope by the power of the HOLY SPIRIT.

May GOD supply all your need--physical, emotional, spiritual, mental, and financial--according to His riches in glory by CHRIST JESUS.

May you prosper in all things and be in health just as your soul prospers.

May the GOD who heals all your diseases and by whose stripes you are healed restore health to you and heal you of all your wounds.

May GOD sustain you, raise you, encourage and empower you to RECEIVE your promised and complete healing and deliverance in the NAME of JESUS by the POWER of the HOLY SPIRIT.

So, in the NAME of JESUS, we bind SICKNESS, INFIRMITY, and DISEASE, and we release HEALTH, HEALING, DELIVERANCE, BREAKTHROUGH and PEACE over you.

In the NAME of JESUS, we command FEAR, ANXIETY, INSOMNIA, DEPRESSION, PAIN, DISCOMFORT, DIABETES, HYPERTENSION, CANCER and every DISEASE from A – Z not mentioned, to leave and not return, for GREATER is HE that is in you than he that is in the world.

GOD has not given you a spirit of fear but of power, love, and a sound mind, and by JESUS' STRIPES you are and were HEALED.

So, in JESUS' NAME, we declare and decree prosperity and abundance in your health, your home, your family, and your finances. We declare and decree peace over you, with nothing broken and nothing lost, and in FAITH, We thank JESUS for all that He's already done for your healing, deliverance, and protection on the Cross.

NOW, may you RECEIVE, BELIEVE, and CLAIM this WORK in you, PAID IN FULL and ALREADY DONE.

GOD SAID IT, SO TRUST HIM, and BELIEVE IT.

In JESUS' name, Amen.

By His Grace,
Doug & Paige

HE CAME TO SET THE CAPTIVES FREE...

Isaiah 61:1



Therefore if the Son makes you free, you shall be free indeed.

John 8:36

SCRIPTURE REFERENCE LIST

Answered Prayer

- 2 Chronicles 7:14
- Psalm 145:18
- Jeremiah 33:3
- Matthew 7:7-8
- Mark 11:24-25
- John 14:13-14
- James 5:16

Assurance of Salvation

- Mark 5:16
- John 3:16, 18, 36
- John 5:24
- John 6:39
- John 10:27-29
- Romans 10:9-10, 13
- Ephesians 2:8-9
- Philippians 1:6
- 1 John 5:11-13

Authority Over Satan

- Matthew 18:18
- Mark 16:17
- Luke 10:17-19
- Ephesians 1:3
- Ephesians 1:21-22
- Ephesians 2:6
- Ephesians 4:17
- Ephesians 6:12, 16
- Colossians 1:13
- James 4:7
- 1 Peter 5:7-9
- 1 John 4:4
- 1 John 5:18

Believing God for a Mate

- Genesis 2:24
- Proverbs 18:22
- Matthew 6:33
- 1 Corinthians 7:2, 9
- 2 Corinthians 6:14-15

Blessing

- Deuteronomy 11:26-27
- Deuteronomy 28:2
- Psalm 21:3-6
- Galatians 3:14

Blessing Upon Children

- Isaiah 44:3
- Isaiah 49:25
- Isaiah 54:13
- Isaiah 65:23-24

Blessing Upon Home

- Psalm 4:8
- Psalm 91:10
- Psalm 112:1-3
- Psalm 115:13-14
- Psalm 122:7
- Proverbs 3:33
- Proverbs 12:7

Child Discipline

- Leviticus 20:9
- Deuteronomy 6:6-7
- Deuteronomy 21:18-21
- Proverbs 13:24
- Proverbs 19:18
- Proverbs 22:6, 15
- Proverbs 23:13-14
- Proverbs 29:15, 17
- Matthew 15:4
- Ephesians 6:4
- Colossians 3:21

Childbirth

- Genesis 29:31
- Genesis 49:25
- Exodus 23:26
- Deuteronomy 7:13-14
- Ruth 4:13
- Psalm 113:9
- Psalm 128:3

Comfort

- Isaiah 51:12
- Isaiah 57:18
- Isaiah 66:13
- Jeremiah 31:13
- 2 Corinthians 1:3-5

Controlling the Mind/Thought Life

- Job 31:1
- Romans 8:6-7
- 2 Corinthians 10:4-5

- Philippians 4:8
- Colossians 3:2
- 2 Timothy 1:7
- James 1:8

Controlling the Mouth/Tongue

- Psalm 17:3
- Psalm 34:13
- Psalm 39:1
- Psalm 141:3
- Proverbs 10:19
- Proverbs 13:3
- Proverbs 15:4
- Proverbs 16:24
- Proverbs 18:21
- 1 Peter 3:10

Court Case

- Psalm 31:20
- Psalm 91:1-3
- Proverbs 6:19
- Proverbs 8:8
- Isaiah 43:2
- Isaiah 49:25
- Isaiah 54:14-15, 17
- Luke 12:11-12
- Colossians 4:6

Direction/Guidance

- Psalm 16:11
- Psalm 32:8
- Psalm 37:5
- Psalm 48:14
- Proverbs 3:5-6
- Proverbs 16:3, 9
- John 16:13

Divorce

God Against Divorce

- Malachi 2:15-16
- Matthew 19:3-12
- Romans 7:1-3
- 1 Corinthians 7:10-13, 15

Remarriage Allowed

- Deuteronomy 24:1-4
- 1 Corinthians 7:27-28

Employer/Employee Relations

- Matthew 5:41
- Luke 16:10, 12
- Ephesians 4:28
- Ephesians 6:5-9
- Colossians 3:22-25
- 1 Thessalonians 4:11-12
- 2 Thessalonians 3:10, 12
- 1 Timothy 6:1
- Titus 2:9
- 1 Peter 2:18-23

Enemies

- Exodus 23:22
- Deuteronomy 20:4
- Deuteronomy 28:7
- 2 Kings 6:16
- 2 Kings 17:39
- Job 8:22
- Psalm 27:5-6
- Psalm 37:40
- Psalm 41:11
- Psalm 60:12
- Psalm 112:8
- Psalm 118:7
- Psalm 125:3
- Proverbs 16:7
- Isaiah 54:15-17
- Isaiah 41:11-12
- Luke 1:71
- Acts 18:10
- Hebrews 13:6

Faith/Believing God for the Impossible

- Numbers 23:19
- Deuteronomy 7:9
- Psalm 89:34
- Isaiah 46:11
- Jeremiah 1:12
- Jeremiah 32:17
- Ezekiel 24:14
- Matthew 9:23, 29
- Matthew 17:20
- Matthew 19:26
- Matthew 21:22
- Mark 9:23
- Mark 11:24
- Luke 1:37

- Luke 12:29
- John 11:22
- Romans 4:17-21
- Romans 10:17
- 2 Corinthians 1:20
- Hebrews 6:12
- Hebrews 10:23

Favor

- Psalm 5:12
- Psalm 41:11
- Proverbs 3:1, 3-4
- Proverbs 8:34-35
- Proverbs 11:27
- Proverbs 12:2
- Proverbs 14:9
- Proverbs 16:7
- Acts 2:47

Forgiveness for Abortion

- Psalm 103:3-4
- Psalm 127:3
- Psalm 139:13-16
- Isaiah 44:2
- Jeremiah 1:5
- Philippians 3:13-14
- Hebrews 10:17
- 1 John 1:9

Guidance and Direction

- Deuteronomy 31:6
- Psalm 16:11
- Psalm 32:8
- Psalm 37:23-24
- Psalm 48:14
- Psalm 121:8
- Proverbs 3:5-6
- Proverbs 16:3
- Isaiah 48:17b
- John 16:13a
- James 1:5
- 1 John 2:20

Healing

- Exodus 15:26
- Exodus 23:25-26
- Deuteronomy 7:15
- Psalm 30:2
- Psalm 91:10
- Psalm 103:2-3

- Psalm 107:20
- Proverbs 4:20-22
- Proverbs 12:18
- Isaiah 53:3-5
- Nahum 1:9
- Matthew 8:16-17
- Matthew 9:35
- Matthew 10:1
- Mark 11:24
- Acts 10:38
- Galatians 3:13
- Hebrews 13:8
- James 5:14-15
- 1 Peter 2:24

How to Treat Your Enemies

- Proverbs 20:22
- Proverbs 24:17
- Proverbs 25:21
- Matthew 5:44
- Romans 12:20

How to Treat Your Husband

- Proverbs 21:9, 19
- Proverbs 31:10-12, 30
- 1 Corinthians 11:3
- Ephesians 5:22-23, 33
- Colossians 3:18-19
- 1 Corinthians 7:2-5, 10, 13-14
- Titus 2:4-5
- Hebrews 13:4
- 1 Peter 3:1, 7b, 8-12

How to Treat Your Wife and Children

- Proverbs 5:18-19
- Proverbs 6:23-35
- Proverbs 18:22
- Ecclesiastes 9:9
- Malachi 3:14-16
- Matthew 19:5
- 1 Corinthians 7:3-5
- 1 Corinthians 13:4-8, AMP
- Ephesians 5:23-33
- Colossians 3:21
- 1 Timothy 5:8
- 1 Peter 3:7-12

Humility

- Psalm 75:6-7
- Luke 14:11
- James 4:6, 10
- ✓ • 1 Peter 5:6

Joy

- Nehemiah 8:10c
- John 15:11
- John 16:24
- John 17:13
- Romans 14:17
- Romans 15:13
- James 1:2

Living in the Present

- Psalm 46:1
- Matthew 6:34
- Philippians 3:13-14

Long Life

- Psalm 91:16
- Psalm 118:17
- Proverbs 14:27
- Ecclesiastes 7:17

Love

- ✓ • Matthew 5:44
- Matthew 7:12
- Mark 12:30-31
- John 15:12-13
- Romans 12:10
- Romans 13:10
- 1 Corinthians 13:4-8 (AMP)
- 1 Peter 1:2
- 1 John 2:10
- 1 John 3:14, 18-19
- 1 John 4:7-8, 20-21

Old Age

- Genesis 15:15
- Exodus 23:26
- Job 5:26
- Psalm 71:9, 18
- Psalm 90:10
- Psalm 92:14
- Isaiah 46:4

Overcoming Addictions,

✓ Bad Habits, Bondage

- Proverbs 11:19

- Proverbs 12:28
- Proverbs 28:13
- John 8:3-6
- Romans 6:11-14
- Romans 8:2, 13, 37
- 1 Corinthians 6:19-20
- 1 Corinthians 9:27
- 2 Corinthians 6:19-20
- Galatians 6:8
- James 4:7-8
- 1 Peter 4:1-12
- 1 John 5:4

Overcoming Abusive Behaviors (for Abusers)

Child Abuse

- Matthew 18:6, 10
- 1 Corinthians 6:10

Domestic Abuse Against Wife

- Malachi 2:14-16
- Colossians 3:19-26

For Those Who Have Suffered Abuse

- Psalm 34:4-5
- Romans 12:17-21
- 1 Corinthians 7:15

Physical Abuse

- Psalm 58:2
- Proverbs 28:17
- Isaiah 59:6-8
- Habakkuk 1:3

Sexual Abuse

- Deuteronomy 22:25-26
- Judges 19:25

Verbal Abuse

- Psalm 140:11
- Proverbs 10:6, 11-14
- Proverbs 13:2-3, 10
- Proverbs 17:14
- Proverbs 18:6
- Colossians 3:8

Overcoming Alcohol/Drugs/Substance Abuse

- Leviticus 10:9
- Psalm 107:6, 26-29

- Proverbs 20:1
- Proverbs 21:17
- Proverbs 23:19-20, 29-35
- Isaiah 5:11, 22-23
- Isaiah 28:1-4, 7-8
- Isaiah 41:13
- Habakkuk 2:15
- Luke 1:34
- John 8:36
- Romans 14:21
- 1 Corinthians 5:11
- 1 Corinthians 6:9-11
- Galatians 5:21

Overcoming Anger, Hatred, Bad Temper

- Psalm 37:8
- Proverbs 14:17, 29
- Proverbs 15:1, 11, 18
- Proverbs 16:32
- Proverbs 19:11
- Proverbs 21:19
- Proverbs 22:24-25
- Proverbs 25:21-22, 28
- Proverbs 29:22
- Ecclesiastes 7:9
- Matthew 5:22
- Romans 12:19-21
- Ephesians 4:26-27, 29-32
- Colossians 3:8
- James 1:19-20

Overcoming Backsliding

- Proverbs 28:13
- Isaiah 55:7
- Hosea 14:1
- 1 John 1:9

Overcoming Bad Habits, Sin

- Proverbs 28:13
- Matthew 3:8
- Romans 6:11-19
- Romans 8:2, 13
- Romans 13:14
- 1 Corinthians 9:27
- Genesis 5:16-17, 24
- Galatians 16:7-8
- Philippians 4:13
- 1 Peter 4:1-3

Overcoming Bitterness, Resentment

- Leviticus 19:17-18
- Proverbs 10:12
- Romans 12:14-21
- Ephesians 4:31-32
- Colossians 3:8
- Hebrews 12:14-15
- James 3:14-16, 18
- 1 Peter 2:23
- 1 John 2:9, 11
- 1 John 4:20

Overcoming Critical/Judgmental Attitude

- Matthew 7:1-5
- Luke 6:37
- Romans 2:1, 3
- Romans 12:10
- Romans 14:10, 13

Overcoming Depression/Discouragement/ Disappointment

- Deuteronomy 31:6, 8
- Psalm 31:24
- Psalm 34:15, 19
- Psalm 55:22
- Psalm 107:19
- Isaiah 41:10, 13
- Isaiah 66:13a
- Jeremiah 31:13
- Matthew 6:33
- John 14:1, 18
- Romans 8:28
- 2 Corinthians 1:4-5
- 2 Corinthians 4:8-9
- Philippians 1:6
- Philippians 4:6, 11
- 1 Thessalonians 5:18
- 2 Thessalonians 2:16
- Hebrews 13:5
- James 1:2-4
- 1 Peter 4:12-13
- 1 John 5:4

Overcoming Envy/Jealousy

- Proverbs 10:12, 18
- Proverbs 14:30
- Proverbs 26:14

- Proverbs 27:4
- Song of Solomon 8:6
- Matthew 5:43-44
- Romans 12:17-21
- Romans 13:13
- Galatians 5:19-21, 26
- James 3:14, 16
- James 5:9
- 1 Peter 2:1
- 1 John 2:9
- 1 John 3:15
- 1 John 4:20

Overcoming Fear/ Fear of People

- Exodus 14:13-14
- Deuteronomy 31:8
- Joshua 1:9
- 2 Kings 6:16
- Psalm 23:4
- Psalm 27:1, 3
- Psalm 46:1
- Psalm 56:4, 11
- Psalm 112:7
- Psalm 118:6
- Proverbs 1:33
- Proverbs 3:24-26
- Proverbs 29:25
- Isaiah 43:2
- Isaiah 51:7
- John 17:27
- Romans 8:31
- 2 Timothy 1:7
- Hebrews 13:6
- 1 Peter 3:13-14
- 1 John 4:18

Overcoming Greed/Covetousness

- Proverbs 15:27
- Proverbs 23:4-5
- Matthew 6:21, 25-33
- Matthew 16:26
- Luke 12:15
- Ephesians 5:5
- Colossians 3:2, 5

Overcoming Gambling Addiction

- Proverbs 1:19
- Proverbs 15:27
- Proverbs 21:25-26
- Proverbs 23:4-5
- Matthew 6:19-24
- 2 Timothy 3:2

Overcoming Grief/Bereavement

- Nehemiah 8:10
- John 14:1-3
- 2 Corinthians 1:3-5
- Philippians 1:21-24

Overcoming Guilt/ God's Forgiveness

- 2 Samuel 12:13
- 2 Chronicles 30:9, 14
- Psalm 32:1-2, 5
- Psalm 85:2-3, 10
- Psalm 86:5
- Psalm 103:2-3, 12
- Proverbs 28:13
- Isaiah 43:25
- Isaiah 44:22
- Isaiah 55:7
- Jeremiah 31:34
- Jeremiah 33:8
- Micah 7:18-19
- Romans 8:1
- Philippians 3:13
- Colossians 1:14
- Hebrews 8:12
- Hebrews 10:17
- 1 John 1:9
- 1 John 2:12
- 1 John 3:20-21

Overcoming an Inferiority Complex/ Building Self- Confidence

- Deuteronomy 28:13
- Psalm 118:6
- Proverbs 3:26
- Proverbs 28:1
- Romans 8:37
- 2 Corinthians 2:14
- Ephesians 2:10

- Ephesians 3:12
- Philippians 4:13
- Hebrews 13:6
- 1 John 4:4

Overcoming Job/Work Pressures

- Deuteronomy 20:4
- Deuteronomy 28:7
- Psalm 75:6-7
- Proverbs 21:1
- Philippians 4:11-13
- Colossians 3:17, 22-25

Overcoming Laziness or Slothfulness

- Proverbs 6:6-11
- Proverbs 10:4-5, 26
- Proverbs 12:24, 27
- Proverbs 13:4
- Proverbs 15:19
- Proverbs 18:9
- Proverbs 20:13
- Proverbs 21:5, 25, 29
- Proverbs 24:30-34
- Proverbs 28:19
- Ecclesiastes 5:18-19
- Ecclesiastes 10:18
- Isaiah 56:10
- Romans 12:11
- Ephesians 4:28
- 1 Thessalonians 4:11-12
- 2 Thessalonians 3:10-12

Overcoming Loneliness

- Psalm 34:18
- Psalm 46:1
- Isaiah 41:10
- Jeremiah 23:23
- John 14:18
- Hebrews 13:5-6

Overcoming Lust/Pornography

- Psalm 81:12
- Proverbs 6:24-25
- Matthew 5:28
- John 8:44
- Romans 1:24
- Romans 6:12

- Romans 13:14
- 1 Corinthians 10:6
- Galatians 5:24
- Ephesians 4:22
- Colossians 3:5
- 2 Timothy 2:22
- Titus 2:12
- James 1:13-15
- 1 Peter 2:11
- 1 Peter 4:1-3

Overcoming Lying

- Exodus 20:16
- Exodus 23:1
- Psalm 10:7
- Psalm 12:2-3
- Psalm 28:3
- Psalm 52:2-5
- Psalm 55:21, 23
- Psalm 62:4
- Psalm 101: 5, 7
- Proverbs 6:16-19
- Proverbs 12:22
- Proverbs 13:5
- Proverbs 14:5, 25
- Proverbs 19:5, 9
- Proverbs 24:28
- Jeremiah 9:8
- John 8:44
- Ephesians 4:25, 29
- Colossians 3:9-10
- James 3:14
- Revelation 21:8

Overcoming Marital Problems

- Ephesians 4:32
- Ephesians 5:21-33
- 1 Peter 3:1-11

Overcoming Overweight/Overeating

- Leviticus 3:17
- Proverbs 13:25
- Proverbs 17:1
- Proverbs 18:20
- Proverbs 19:15
- Proverbs 23:1-2, 20
- Proverbs 25:16, 27-28
- Proverbs 28:1-3

- Romans 8:13
- 1 Corinthians 10:31
- Galatians 6:8
- Philippians 3:19
- 1 Peter 4:1-3

Overcoming Persecution

- Matthew 5:11-12
- Luke 6:22-23
- John 15:18-20
- Romans 12:14
- 2 Corinthians 4:8-12

Overcoming Pride

- Job 40:12
- Psalm 119:21
- Psalm 138:6
- Proverbs 8:13
- Proverbs 16:18-19
- Proverbs 21:4
- Proverbs 26:12
- Proverbs 28:25-26
- Proverbs 29:23
- Isaiah 5:21
- Matthew 23:11-12
- Mark 9:35
- Luke 16:15
- Romans 12:3, 16
- 1 Corinthians 8:31
- 1 Corinthians 13:4
- 2 Corinthians 3:5
- 2 Corinthians 10:17
- Philippians 2:3
- James 4:6-7, 10
- 1 Peter 5:5

Overcoming Profanity or Blasphemy

- Leviticus 19:12
- Mark 7:21-23
- Ephesians 4:29-31
- Colossians 3:8
- James 3:10

Overcoming Racism and Prejudice

- Malachi 2:10
- John 7:24
- Acts 10:28, 34-35
- Acts 17:26

- Romans 2:11
- James 2:1,9
- 1 Peter 1:17
- 1 John 2:9-11

Overcoming Rejection

- Psalm 27:9-10
- Psalm 147:3
- Luke 4:18
- Ephesians 4:32
- Hebrews 4:15-16

Overcoming Sexual Sins

Adultery

- Exodus 20:14
- Leviticus 18:20
- Leviticus 20:10
- Deuteronomy 5:18
- Proverbs 6:26-32
- Proverbs 30:20
- Matthew 5:27-28
- Mark 7:21
- 1 Corinthians 6:9-10
- Hebrews 13:4
- Revelation 21:8
- Revelation 22:15

Fornication

- 1 Corinthians 5:1-5, 11
- 1 Corinthians 6: 9, 18-20
- 1 Corinthians 7:1-2
- 1 Corinthians 10:8
- Galatians 5:19-21
- Ephesians 5:3
- 1 Thessalonians 4:3
- Hebrews 13:4
- Revelation 21:8

Homosexuality/Lesbianism

- Leviticus 18:22
- Leviticus 20:13
- Deuteronomy 23:17
- 1 Kings 14:24
- Romans 1:24-28, 31
- 1 Corinthians 6:9-10
- Galatians 5:19-21
- Revelation 21:8

Incest

- Leviticus 8:6-30
- Leviticus 20:11-17

- Deuteronomy 27:20-23
- 1 Corinthians 5:1-5

Transvestites/Cross Dressing

- Deuteronomy 22:5

Overcoming Smoking

- Romans 6:12-22
- 1 Corinthians 3:16-17
- 1 Corinthians 6:20
- 2 Corinthians 7:1
- 1 Peter 4:1-3
- 2 Peter 2:19

Overcoming Strife

- Proverbs 15:18
- Proverbs 16:28
- Proverbs 20:3
- Proverbs 22:10
- Proverbs 26:17, 20-21
- Proverbs 28:25
- 1 Corinthians 3:1-3
- James 3:14-16

Overcoming Suicidal Thoughts/Tendencies

- Psalm 34:1, 7
- Psalm 42:11
- Psalm 55:22
- Psalm 91:14-16
- Psalm 107:6
- Psalm 116:1-9
- Psalm 118:17-18
- Isaiah 41:10, 13
- Isaiah 43:2
- Isaiah 54:14, 17
- Jeremiah 33:3
- John 10:10
- Romans 8:37-39
- Philippians 4:6-7
- 1 John 4:4

Overcoming Temptation

- Psalm 119:11
- Luke 22:46
- 1 Corinthians 10:13
- James 1:2-3, 13

Overcoming Trials and Tests/Endurance, Patience, Perseverance

- Psalm 27:13-14
- Isaiah 40:29-31
- 2 Corinthians 1:3-4, 7
- Galatians 6:9
- Hebrews 6:15
- Hebrews 10:23, 35-36
- James 1:2-4, 12-14
- 1 Peter 1:6-7
- 1 Peter 4:12-13
- 2 Peter 2:9
- 2 Peter 5:10

Overcoming Unforgiveness

- Proverbs 19:11
- Proverbs 20:22
- Proverbs 24:17, 29
- Proverbs 25:21-22
- Matthew 5:43-44, 46
- Matthew 6:12, 14-15
- Matthew 18:21-22
- Mark 11:24-25
- Luke 6:35-37
- Romans 12:14, 17, 19-20
- Ephesians 4:32
- Colossians 3:13
- 1 Peter 3:9

Overcoming Worry

- Psalm 34:4, 17
- Psalm 37:5, 23-24
- Psalm 55:22
- Proverbs 16:3
- Matthew 6:25-34
- Philippians 4:6-7
- 1 Peter 5:7-9

Peace

- Psalm 4:8
- Psalm 29:11
- Psalm 37:37
- Psalm 55:18
- Psalm 85:8
- Proverbs 3:1-2, 17, 24
- Isaiah 26:3
- Isaiah 32:17
- John 14:27

- John 16:33
- Romans 5:1
- Romans 8:6
- Romans 15:13
- Philippians 4:6-7
- Colossians 3:15
- 2 Peter 1:2

Peaceful Sleep

- Psalm 3:5
- Psalm 4:8
- Psalm 127:2
- Proverbs 3:24-26
- Isaiah 29:10

Prosperity

- Deuteronomy 8:18
- Deuteronomy 29:29
- Joshua 1:8
- 1 Kings 2:3
- 2 Chronicles 26:4-5
- Job 36:11
- Psalm 1:2-3
- Psalm 27:9-10
- Psalm 35:27b
- Psalm 84:11b
- Psalm 112:1, 3
- Psalm 147:3
- Proverbs 8:21
- Proverbs 10:4
- Proverbs 11:25
- Isaiah 48:17b
- Isaiah 55:11
- Luke 4:18
- 2 Corinthians 8:9
- Ephesians 4:32
- Philippians 4:19
- 1 Timothy 6:17
- Hebrews 4:15-16
- 3 John 2

Protection

- Deuteronomy 33:12
- Job 11:18-19
- Psalm 4:8
- Psalm 5:12
- Psalm 17:4
- Psalm 31:19-20
- Psalm 34:7
- Psalm 46:1
- Psalm 91:9-11
- Psalm 97:10
- Psalm 107:20
- Psalm 112:7
- Psalm 121:7-8
- Psalm 145:18-20
- Proverbs 1:33
- Proverbs 3:24-26
- Proverbs 30:5
- Isaiah 32:18
- Isaiah 43:1-2
- 2 Thessalonians 3:3
- 1 Peter 3:13

Salvation

- John 3:3-12, 16
- John 6:37
- Romans 3:23
- Romans 10:9-10
- Ephesians 2:8-9
- 2 Timothy 1:9
- Revelation 22:17

Salvation of Loved Ones

- Acts 11:14
- Acts 16:31
- Acts 26:18
- Romans 10:13
- Ephesians 1:17-18
- 2 Peter 3:9

Strength

- Deuteronomy 33:25

- Joshua 1:9
- 2 Samuel 22:40
- Nehemiah 8:10
- Psalm 27:1, 14
- Psalm 28:7
- Psalm 29:11
- Psalm 46:1
- Psalm 105:4
- Psalm 138:3
- Proverbs 24:5, 10
- Isaiah 40:29, 31a
- Isaiah 41:10
- Ephesians 6:10
- Philippians 4:13

Successful Marriage

- Proverbs 18:22
- Ecclesiastes 9:9
- Mark 10:6-9
- 1 Corinthians 7:1-5
- Colossians 3:18-19
- 1 Peter 3:7

Trusting God

- Psalm 25:2
- Psalm 37:5, 23-24
- Psalm 55:22
- Proverbs 3:5-6
- Proverbs 16:3
- Matthew 25:34
- Philippians 4:6-7
- 1 Peter 5:7-9

Wisdom

- Psalm 111:10
- 1 Corinthians 1:30
- 1 Corinthians 2:6-7
- Ephesians 1:8
- Ephesians 3:10
- Colossians 1:9
- James 1:5

NOTES